Instructions to Candidates

You have 30 minutes in total for this exercise. You will be informed when you have 5 minutes left.

You should allow at least 5 minutes to complete the third stage of the task (reflective practice); this contributes towards your overall score and should not be left blank.

All rankings, justifications and comments should be written within the boxes provided. Any content outside of these boxes will not be marked.

This paper consists of 2 printed pages and 1 blank page
Candidate Instructions

It is Friday late afternoon and you are an FY2 doctor on the endocrinology ward. You are required to leave in one hour to attend a charity event which you have arranged. The following jobs remain outstanding.

A. Your consultant has asked to meet with you to discuss a complaint that he has received, which involves you. You are required to submit a response within 14 days.
B. There is a patient undergoing a glucose tolerance test, with the 2-hourly blood test now due.
C. You are called by the ward sister who tells you that an insulin-dependent diabetic patient is drowsy and has a blood glucose of 1.6 mmol/L.
D. A patient’s daughter has asked to speak to you regarding her mother’s care. The relative is visibly upset, shouting at the healthcare assistant who is trying to clean the patient.
E. Your bleep has stopped working, with the battery likely having run out.

1. Rank the issues in the order in which you intend to deal with them

2. Justify your decisions and describe what actions you would take

3. Answer the following three questions
   I. What did you find challenging?
   II. What did you learn about yourself?
   III. How will you apply what you have learnt?